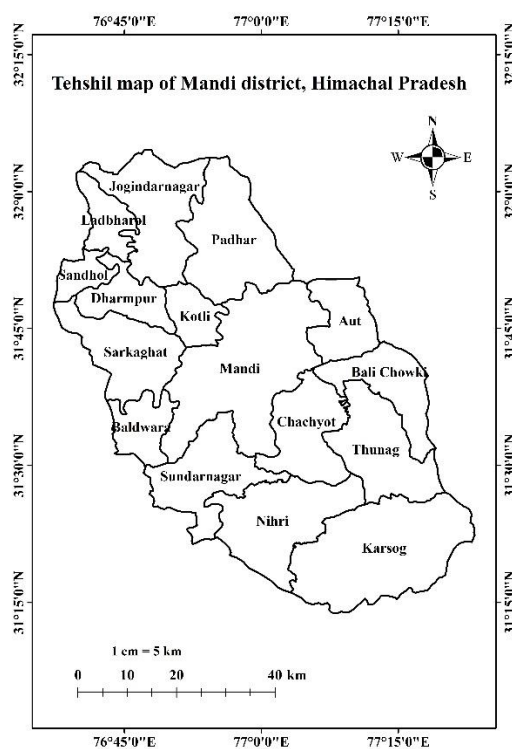


Project Report

Consultancy project to undertake the assessment of availability of different NTFPs (Medicinal and Aromatic Plants) of 20 VFDS in Mandi district of HP

Sponsored by

Himachal Pradesh Forest Department (JICA Project)



Prepared by



**CSIR-Institute of Himalayan Bioresource Technology
(Council of Scientific and Industrial Research)
PO Box No 6, Palampur 176 061 (HP), India**



Principal Investigator Dr Rakesh Kumar

Co PI Dr Probir Kumar Pal

Project team

| Sr. No. | Name of expert | Designation | Expertiese |
|----------------|--------------------------|---------------------------------|--|
| 1 | Dr Rakesh Kumar | Senior Principal Scientist | Agronomy, Medicinal and Aromatic Plants |
| 2 | Dr Probir Kumar Pal | Principal Scientist | Agronomy, Medicinal and Aromatic Plants |
| 3 | Dr Vikas Kumar | Scientist | Plant Taxonomy (Angiosperm) |
| 4 | Dr Kiran Singh Saini | Senior Technical Officer (2) | Agronomy, Medicinal and Aromatic Plants |
| 5 | Sh. Ramjeelal Meena | Senior Technical Officer (1) | Agriculture, Medicinal and Aromatic Plants |
| 6 | Mr Om Prakash | Senior Technical Officer (1) | Plant Taxonomy |
| 7 | Dr Arvind Kumar Verma | Technical Officer | Plant breeding, Medicinal and Aromatic Plants |

Total VFDS: 20

Preface

A majority of herbal plants, major proportion of which is derived from wild, provide the resource base to the herbal industry. Although global demand for herbal medicines is increasing, its dwindling supply due to over-harvesting, from their natural habitat is one of the major threats, and hence cultivation of these should be promoted. Moreover, collection from wild does not guarantee the authenticity and quality. Today, according to the World Health Organization (WHO), 65-80% of the world's population living in developing countries depends essentially on plants for primary healthcare. The consolidated commercial demand of herbal raw drugs for the year 2014-15 was ~ 5,12,000 MT. Consumption by Domestic Herbal Industry was 1,95,000 MT. About 1178 medicinal plant species recorded in the practices of trade. Out of which, 242 plant species are used in annual quantities of more than 100 MT. Besides, many plants which are source of essential oil are also used in many preparations commonly used for health benefits and are source of income generation for the farmers. The global essential oils market demand was 226.9 kilotons in 2018. It is projected to expand at a CAGR of 8.6% from 2019 to 2025. Unlike aromatic plants, medicinal plants harvests are of high volumes and hence need strong linkages with the industry for immediate marketing of the produce to avoid post-harvest contaminations. Many medicinal herbs are being used by collecting from wild. Climate in Himachal Pradesh is suitable for cultivation of medicinal and aromatic plants and meeting the increasing demand of industry.

HP Forest Ecosystem Management and Livelihood Improvement Project (PIHPFEM&L) has set up a State Level Him Jadi-Buti Cell in PMU to coordinate all activities relating to conservation, promotion, sustainable management of NTFPs including Medicinal Plants. Eleven number of Cluster Level Him Jadi-Buti Societies/ Producer Groups have been set up to help right holders and growers of NTFPs and medicinal plants in sustainable management of NTFP and market access. Himachal Pradesh Forest Department (HPFD) through Society for Improvement of Forest Ecosystems Management and Livelihoods in HP signed a memorandum of understanding with CSIR-Institute of Himalayan Bioresource Technology (IHBT) Palampur, Kangra on dated September, 2020 and assigned the task of survey of Mandi district in 20 VFDS.

The present survey report with respect to district Mandi of Himachal Pradesh, comprises information about medicinal and aromatic plants (MAPs) found in 20 VFDS, plants suitable for commercial cultivation in forest area and under farmer field condition to meet the ever-increasing demand of herbal, flavour and fragrance industry. The support provided by the Director, CSIR-IHBT is praise worthy. We are also thankful to Dr Sanjay Uniyal and Er Amit Kumar, Senior Principal Scientists of CSIR-IHBT, Palampur for providing necessary help during this project. The efforts made by the CSIR-IHBT team, cooperation from forest department officials, forest range officers, forest guards, and facilitators at different villages during the survey are duly acknowledged.

Rakesh Kumar

Table of contents

| Sr. No. | Content | Page no |
|----------------|--|----------------|
| 1 | Introduction | 1-2 |
| 2 | Range: Dharampur; VFDS Tanehar | 3-5 |
| 3 | Range: Dharampur; VFDS Langehar | 6-7 |
| 4 | Range: Ladbhrol; VFDS Khudi | 8-9 |
| 5 | Range: Ladbhrol; VFDS Ropari Kalheru | 10-11 |
| 6 | Range: Kamlah; VFDS Beri | 12-14 |
| 7 | Range: Kamlah; VFDS: Sari | 15-17 |
| 8 | Range: Suket; VFDS: Riggad | 18-20 |
| 9 | Range: Suket; VFDS: Thalla | 21-23 |
| 10 | Range: Darang; VFDS: Nihaun | 24-25 |
| 11 | Range: Darang; VFDS: Kufri | 26-27 |
| 12 | Range: Kataula; VFDS: Bhei | 28-29 |
| 13 | Range: Kataula; VFDS: Dukhi | 30-31 |
| 14 | Range: Mandi; VFDS: Mandal | 32-33 |
| 15 | Range Mandi; VFDS Dharwahan (Bala Sundri) | 34-35 |
| 16 | Range: Urla; VFDS: Gawali | 36-37 |
| 17 | Range: Urla; VFDS: Thorat | 38-39 |
| 18 | Range: Jogindernagar; VFDS: Banehar | 40-41 |
| 19 | Range: Joginder Nagar; VFDS: Panchjan | 42-43 |
| 20 | Range: Kotli; VFDS: Kot | 44-46 |
| 21 | Range: Kotli; VFDS: Lagdhar-1 | 47-49 |
| 22 | Objectives 4 & 5 | 50-51 |
| 23 | Information about important aromatic crops | 52-64 |

Project Report

Study area: District Mandi

Mandi, one of the twelve districts of Himachal Pradesh, is situated in Western Himalayas between 31° 13'20" to 32°04'30" North latitude and 76° 37' -20" to 77° -23' -15" East longitude. It is bounded with six districts and is almost in the center of the state. In north-west side, Kangra and in the west Hamirpur and Bilaspur districts are located. Solan and Shimla districts are on the southern and Kullu district on the eastern side. Administratively, the district is divided into six sub-divisions, nine tehsils and ten developmental blocks. The district has areas ranging from low lying sub-tropical to higher mountains making it possible to grow a variety of field crops and fruits and undertake livestock enterprises.

The district has 3950.58 sq km geographical area which constitutes around 7 percent of the total geographical area of the state, out of which 94660 ha. is culturable, 27136 ha. is barren and unculturable, 105262 ha. is cultivable waste and the rest of the land which comes to 168000 ha. is under forest cover. Topographically, the district can be divided into two main categories, a) Shivalik (Outer Himalaya) region; the Balh valley, Baldwara and Joginder Nagar area of Mandi district ranging from 651 to 1500 m amsl fall in this region. Deep to shallow stone embedded with loam to clay soils are found in this zone. The paddy, maize, ginger, wheat, potato and citrus fruit are cultivated in this area. b) Mid mountain (Inner Himalaya) region; areas of Chachiot, Karsog, Seraj and part of Drang blocks (1500-4500 m amsl) fall in this region. The soil of the district is mainly neutral and varies from clay loam to sandy loam, sandy and rocky in texture. Average rainfall of the district is 1625 mm. The maximum temperature exceeds 35 °C during summer in the lower and mid hill and minimum temperature sometime goes down below 0 °C in winter in the upper reaches of the district. As per the statistics, about 33.52% area of the District constitutes wasteland, and as such provides good scope for implementation of watershed project. Mandi falls in the mid-hills-sub-humid zone and high hills temperate wet agro climatic zone of Himachal Pradesh. The district receives the highest rainfall in the state and the annual average rainfall over the 15 years is 1239.98 mm. The rainfall varies in between 1000 to 2376 mm in the district. Maximum rainfall occurs in the month of June to September followed by January to March whereas least rainfall occurs in the month of November followed by December, October and April. About 63 percent rainfall occurs in monsoon season i.e. from June to September and rest of the precipitation occurs due to western disturbances. Lower areas of the district experience hot summer (up to 40 °C temp.) and cold winter with frost and fog. Hilly area experiences mild summer and cold winter with low to high snowfall and mist in rainy season.

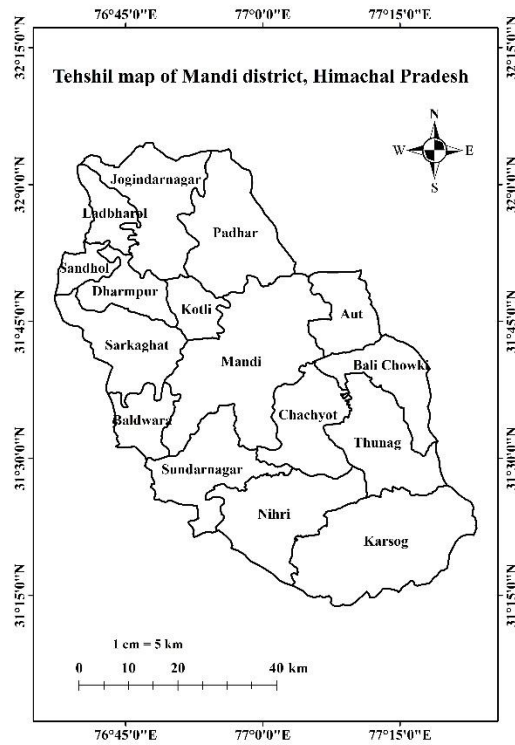


Fig. 1 Map of district Mandi

Methodology

To conduct the survey a questionnaire was developed by experts of CSIR-IHBT Palampur according to the guidelines provided by the Department of Forest for collecting data. To undertake the survey of each VFDS, teams comprising of an expert in the area of agriculture, field survey, taxonomist along with the members of forest team and facilitators of JICA were formed. The technical teams did the transect walk through various villages of VFDS to assess the potential medicinal and aromatic plants suitable for cultivation in particular panchayat/VFDS, met with farmers’ and forest officials. The collected data were analyzed and compiled panchayat wise and mentioned below.

1. Range Dharampur; VFDS: Tanehar

| | | | |
|-------------------------|------------------------|-------------------|---------------------|
| Cluster: | Mandi | Range: | Dharampur |
| VFDS: | Torjajar | Panchayat: | Tanehar |
| GPS coordinates: | 31°49'20"N, 76°44'05"E | Altitude: | 1070 to 1122 m amsl |

Tanehar village is located in Dharampur Block of Mandi district. The altitude varied from 1070 to 1122 meter above mean sea level. The chalk area of Tanehar under Sidhpur beat of Dharampur Range in Jogindernagar Forest Division Management Unit (DMU). These villages are adjacent to each other and surrounded by UPF Deodar. Both the villages are located at a distance of about 2 km from Panchayat office, 4 km from block office, 60 km from DMU office and 55 km from District headquarter. Total geographical area of the panchayat is 989 ha. There are 304 households in the panchayat of which about 24 per cent are below poverty line. Marginal and small farmers constitute about 88.8 per cent and 9.9 per cent of the total farmers, respectively. Cultivated area is about 10% and 90 % are grasslands. Average land holding size is 5-10 bighas (0.4-0.8 ha). Wheat and maize are the main crops. Paddy is also grown in some areas. There are frequent crop failures due to drought. Wild animals viz., peacock, boar and monkey destroy the traditional crops in the village. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Tanhed panchayat.

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|-------------|----------|
| 1. | <i>Artemisia absinthium</i> L. | Asteraceae | Asfantin | + |
| 2. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 3. | <i>Cassia fistula</i> L. | Fabaceae | Amaltas | |
| 4. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| 5. | <i>Cynodon dactylon</i> (L.) Pers. | Poaceae | Dub | |
| 6. | <i>Cyperus rotundus</i> L. | Cyperaceae | Motha | |
| 7. | <i>Dalbergia sissoo</i> DC. | Fabaceae | Sheesham | |
| 8. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 9. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 10. | <i>Ficus benghalensis</i> L. | Moraceae | Vat | |
| 11. | <i>Ficus religiosa</i> L. | Moraceae | Pipal | |
| 12. | <i>Grewia optiva</i> J.R. Drumm. ex Burret | Malvaceae | Ghaman | |
| 13. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| 14. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 15. | <i>Mangifera indica</i> L. | Anacardiaceae | Aam | |
| 16. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 17. | <i>Oroxylum indicum</i> (L.) Kurz i | Bignoniaceae | Tatpalang | |

| | | | | |
|-----|---|----------------|----------|---|
| 18. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 19. | <i>Ricinus communis</i> L. | Euphorbiaceae | Arand | |
| 20. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| 21. | <i>Syzygium cumini</i> (L.) Skeels | Myrtaceae | Jamun | |
| 22. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 23. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 24. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 25. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 26. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmir | + |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|--------------|----------|
| i. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| ii. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| iii. | <i>Syzygium cumini</i> (L.) Skeels | Myrtaceae | Jamun | |
| iv. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| v. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| vi. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| vii. | <i>Curcuma aromatic</i> Salisb. | Zingiberaceae | Jangli haldi | + |
| viii. | <i>Hedychium spicatum</i> Sm. | Zingiberaceae | Kapurkachri | + |

Medicinal and aromatic plant species suitable for cultivation in field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|------------|---------------------|----------|
| i. | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| ii. | <i>Ocimum spp.</i> | Lamiaceae | Tulsi, Kapoor tulsi | + |
| iii. | <i>Cymbopogon flexuosus</i> (Nees ex Steud.) W. Watson | Poaceae | Lemongrass | + |
| iv. | <i>Cymbopogon martini</i> (Roxb.) W. Watson | Poaceae | Palmarosa | + |
| v. | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |
| vi. | <i>Withania somnifera</i> (L.) Dunal | Solanaceae | Ashwagandha | |



Interaction with farmers at Tanehar panchayat



Phyllanthus emblica



Justicia adhatoda



Mallotus philippensis

Medicinal plants of Tanehar Panchayat

2. Range: Dharampur; VFDS: Langehar

| | | | |
|-------------------------|------------------------------|-------------------|-----------------|
| Cluster: | Mandi | Range: | Dharampur |
| VFDS: | Langehar | Panchayat: | Langehar |
| GPS coordinates: | 31°55'18.79"N, 76°44'36.58"E | Altitude: | 945 to 1142 m |

Langehar panchayat is located in Dharampur Block of Mandi district. The panchayat consists of five revenue villages namely Hiun, Baral, Giun, Langehar and Druman. The altitude varied from 945 to 1142 meter above mean sea level. Total geographical area of the panchayat is 756 ha and the treatable area is 723 ha while the irrigated area in the panchayat is 33 ha. There are 411 households in the panchayat of which about 32 per cent are below poverty line. Marginal and small farmers constitute about 90 per cent and 7 per cent of the total farmers, respectively. About 36 per cent of the total population belongs to scheduled castes. Paddy (*Oryza sativa*) in kharif and wheat (*Triticum aestivum*) are the major crops. Most of paddy is grown as upland as there is scarcity of water. Maize (*Zea mays*), blackgram (*Vigna mungo* L.) and barley (*Hordeum vulgare* L.) are also grown but acreage is very less. Maize has been abandoned due to monkey menace. Other crops like turmeric (*Curcuma longa* L.) and ginger (*Zingiber officinalis* L.), colocasia (*Colocasia esculenta* L.), tomato (*Solanum esculentum* L.) and okra (*Abulmoschus esculentus* L.) are also grown in small scale. Wild animals viz., peacock, boar and monkey destroy the traditional crops in the village. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Langehar

| Sl. N. | Name of species | Family | Common Name | Aromatic |
|--------|---|----------------|--------------------|----------|
| 1. | <i>Achyranthes aspera</i> L. | Amaranthaceae | Latjeera | |
| 2. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 3. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra/Kasmal | |
| 4. | <i>Cassia fistula</i> L. | Fabaceae | Amaltas | |
| 5. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| 6. | <i>Cynodon dactylon</i> (L.) Pers. | Poaceae | Dub | |
| 7. | <i>Cyperus rotundus</i> L. | Cyperaceae | Motha | |
| 8. | <i>Dalbergia sissoo</i> DC. | Fabaceae | Sheesham | |
| 9. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 10. | <i>Phoenix sylvestris</i> (L.) Roxb. | Arecaceae | Khajur | |
| 11. | <i>Pinus roxburghii</i> Sargent | pinaceae | Pine | |
| 12. | <i>Ricinus communis</i> L. | Euphorbiaceae | Arand | |
| 13. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| 14. | <i>Tagetes minuta</i> L. | Asteraceae | Jangali Genda | + |
| 15. | <i>Terminalia arjuna</i> (Roxb.) | Combretaceae | Arjun | |

| | | | | |
|-----|---------------------------------------|------------|----------|---|
| | ex DC.) Wight & Arn. | | | |
| 16. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 17. | <i>Woodfordia fruticosa</i> (L.) Kurz | Lythraceae | Dhatki | |
| 18. | <i>Ziziphus jujuba</i> Mill. | Rhamnaceae | Ber | |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|--------------|----------|
| i. | <i>Valeriana jatamansi</i> L. | Valerianaceae | Mushkbala | + |
| ii. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| iii. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| iv. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| v. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| vi. | <i>Curcuma aromatica</i> | Zingiberaceae | Jangli haldi | + |
| vii. | <i>Hedychium spicatum</i> | Zingiberaceae | Kapurkachri | |

Medicinal and aromatic plant species suitable for cultivation in field conditions

| Name of Species | Family | Common Name | Aromatic |
|-----------------------------------|---------------|------------------|----------|
| <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| <i>Valeriana jatamansi</i> Jones. | Valerianaceae | Mushkbala | + |
| <i>Rosa damasena</i> Mill. | Rosaceae | Damask rose | + |
| <i>Rosmarinus officinalis</i> L. | Lamiaceae | Rosemary | + |
| <i>Pelargonium graveolens</i> | Geraniaceae | Scented geranium | + |



Interaction with farmers



Site for conservation of medicinal and aromatic plants

3. Range: Ladhbarol; VFDS: Khudi

| | | | |
|-------------------------|------------------------------|-------------------|-----------|
| Cluster: | Mandi | Range: | Ladhbarol |
| VFDS: | Khudi | Panchayat: | Khudi |
| GPS coordinates: | 31°55'18.79"N, 76°44'36.58"E | Altitude: | 1360 m |

Khudi village is located in Lad Bharol Tehsil of Mandi district in Himachal Pradesh, India. It is situated 81km away from district headquarter. The total geographical area of village is 35.57 hectares. Khudi has a total population of 115 peoples. There are about 33 houses in Khuddi village. The area is rainfed. Maize, paddy, wheat, barley, colocasia are the important crops grown in the village. There is animal menace particularly from peacock. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Khudi.

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|-------------|----------|
| 1. | <i>Aegle marmelos</i> (L.) Corrêa | Rutaceae | Bel | |
| 2. | <i>Artemisia absinthium</i> | Asteraceae | Asfantin | + |
| 3. | <i>Bombaxceiba</i> L. | malvaceae | Simbal | |
| 4. | <i>Cannabis sativa</i> L. | Cannabaceae | Bhang | |
| 5. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| 6. | <i>Cassia fistula</i> L. | Fabaceae | Amaltas | |
| 7. | <i>Cinnamomum tamala</i> (Buch.-Ham.) T.Nees & Eberm. | Lauraceae | Tejpatta | + |
| 8. | <i>Citrus jambhiri</i> Lush. | Rutaceae | Dhamiradi | |
| 9. | <i>Cordia myxa</i> L. | Boraginaceae | Lasuda | |
| 10. | <i>Curcuma longa</i> L. | Zingiberaceae | Haldi | |
| 11. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| 12. | <i>Cynodon dactylon</i> (L.) Pers. | Poaceae | Dub | |
| 13. | <i>Cyperus rotundus</i> L. | Cyperaceae | Motha | |
| 14. | <i>Dalbergia sissoo</i> DC. | Fabaceae | Sheesham | |
| 15. | <i>Datura stramonium</i> L. | Solanaceae | Dhatura | |
| 16. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 17. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 18. | <i>Grewia optiva</i> J.R. Drumm. ex Burret | Malvaceae | Ghaman | |
| 19. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| 20. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 21. | <i>Mentha spicata</i> L. | Lamiaceae | Podina | + |
| 22. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 23. | <i>Oroxylum indicum</i> (L.) Kurzi | Bignoniaceae | Tatpalang | |

| | | | | |
|-----|---|----------------|----------|--|
| 24. | <i>Phoenix sylvestris</i> (L.) Roxb. | Arecaceae | Khajur | |
| 25. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 26. | <i>Prunus amygdalus</i> Batsch | Rosaceae | Badam | |
| 27. | <i>Prunus armeniaca</i> L. | Rosaceae | Khumani | |
| 28. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 29. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 30. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 31. | <i>Viola pilosa</i> Blume | Violaceae | Vanfasha | |
| 32. | <i>Woodfordia fruticosa</i> (L.) Kurz | Lythraceae | Dhatki | |

Medicinal and aromatic plant species suitable for cultivation in Khudi forest area

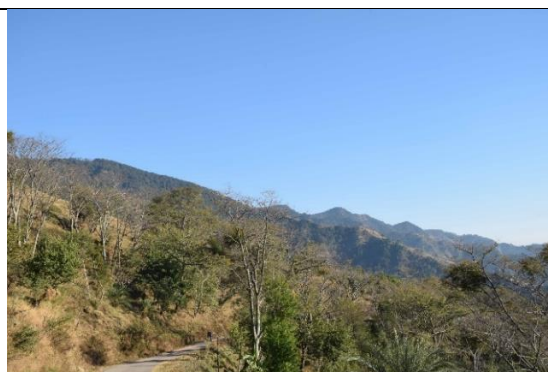
| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|--------------|----------|
| i. | <i>Valeriana jatamansi</i> | Valerianaceae | Mushkbala | |
| ii. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| iii. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| iv. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| v. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| vi. | <i>Curcuma aromatica</i> Salisb. | Zingiberaceae | Jangli haldi | + |
| vii. | <i>Hedychium spicatum</i> Sm. | Zingiberaceae | Kapurkachri | + |

Medicinal and aromatic plant species suitable for cultivation in Khudi under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|-------------------------------|---------------|------------------|----------|
| i. | <i>Tagetes minuta</i> | Asteraceae | Wild marigold | + |
| ii. | <i>Valeriana jatamansi</i> | Valerianaceae | Mushkbala | + |
| iii. | <i>Rosa damascena</i> Mill. | Rosaceae | Damask rose | + |
| iv. | <i>Rosmarinus officinalis</i> | Lamiaceae | Rosemary | + |
| v. | <i>Pelargonium graveolens</i> | Geraniaceae | Scented geranium | + |
| vi. | <i>Viola odorata</i> | Violaceae | Banafsa | |



Interaction with farmers at Khudi Panchayat



Site for conservation of MAPs at Khudi

4. Range: Ladbhrol; VFDS: Ropari Kalheru

| | | | |
|-------------------------|------------------------------|-------------------|----------------|
| Cluster: | Mandi | Range: | Ladbharol |
| VFDS: | Ropari Kalheru | Panchayat: | Ropari Kalheru |
| GPS coordinates: | 31°55'56.60"N, 76°45'37.01"E | Altitude: | 1100 m-1412 m |

Ropari Kalheru VFDS is situated at 1100-1400 m amsl in Labharol range of district Mandi. Village is south facing and have sufficient sunlight during the whole day. The soil of the area is poorly terraced, texture in general varies from loam to sandy loam. Climate of the area is subtropical climate, hot during summer season. The area is rainfed and dependent on rainfall. The farmers do not medicinal and aromatic crops. There is animal menace particularly from peacock. The main food grain crops grown in the village are maize, paddy, wheat, barley. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Ropari Kalheru.

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|----------------|-------------|----------|
| 1. | <i>Achyranthes aspera</i> L. | Amaranthaceae | Latjeera | |
| 2. | <i>Artemisia absinthium</i> L. | Asteraceae | Asfantin | + |
| 3. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 4. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra | |
| 5. | <i>Cinnamomum tamala</i> (Buch.-Ham.) T. Nees & Eberm. | Lauraceae | Tejpatta | + |
| 6. | <i>Cynodon dactylon</i> (L.) Pers. | Poaceae | Dub | |
| 7. | <i>Cyperus rotundus</i> L. | Cyperaceae | Motha | |
| 8. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 9. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 10. | <i>Ficus religiosa</i> L. | Moraceae | Pipal | |
| 11. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 12. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 13. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 14. | <i>Pinus roxburghii</i> Sargent | pinaceae | Pine | |
| 15. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 16. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 17. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 18. | <i>Viola pilosa</i> Blume | Violaceae | Vanfasha | |
| 19. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|--|---------------|----------------|----------|
| 1. | <i>Valeriana jatamansi</i> Jones. | Valerianaceae | Mushkbala | + |
| 2. | <i>Curcuma aromatic</i> Salisb. | Zingiberaceae | Jangali Haldi | + |
| 3. | <i>Hedychium spicatum</i> Buch. Ham. ex Smith. | Zingiberaceae | Kapoor Kachari | + |
| 4. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 5. | <i>Viola odorata</i> | Violaceae | Banafsa | + |

Medicinal and aromatic plant species suitable for cultivation in farmers' field conditions

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|-----------------------------------|---------------|---------------|----------|
| 1. | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2. | <i>Rosmarinus officinalis</i> | Lamiaceae | Rosemary | + |
| 3. | <i>Valeriana jatamansi</i> Jones. | Valerianaceae | Mushkbala | + |
| 4. | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |
| 5. | <i>Rosa damascena</i> Mill. | Rosaceae | Damask rose | + |
| 6. | <i>Pelargonium graveolens</i> L. | Geraniaceae | Rose geranium | + |



Interaction with villagers and forest officials at Ropari Kalheru



Site for conservation of MAPs at Ropari Kalheru

Field survey activities at Ropri Kalheru

5. Range: Kamlah; VFDS: Beri

| | | | |
|-------------------------|-----------------------------|-------------------|--------------|
| Cluster: | Mandi | Range: | Kamlah |
| VFDS: | Beri | Panchayat: | Beri (Upper) |
| GPS coordinates: | 31°52'25.10"N,76°41'12.36"E | Altitude: | 778 m |

Beri village is situated at an altitude of 778 m amsl. Village have population of 1500 population and about 200 houses. The soil of the area is dry and rocky soil, gravel shallow, poorly terraced, texture in general varies from loam to sandy loam, except in low valley areas being heavy textured. Climate of the area is subtropical climate, hot during summer season. The area is rainfed and dependent on rainfall except for few locations. The main food grain crops grown in the village are maize, paddy wheat, barley. Beside these cereal crops, some of the farmers also grow pulses viz., pigeon peas, black gram beans, soybean, ginger, turmeric. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of wild medicinal plants growing at Upper Beri Village

| Sl. No. | Name of Species | Family | Common Name | Aromatic |
|---------|---|----------------|-------------|----------|
| 1. | <i>Acacia catechu</i> (L.f.) Willd. | Fabaceae | Khair | |
| 2. | <i>Achyranthes bidentata</i> Blume | Amaranthaceae | Amamarg | |
| 3. | <i>Albizia chinensis</i> (Osbeck) Merr. | Fabaceae | Sirish | |
| 4. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 5. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 6. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 7. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| 8. | <i>Cassia fistula</i> L. | Fabaceae | Amaltas | |
| 9. | <i>Cissampelos pareira</i> L. | Menispermaceae | Bhatindu | |
| 10. | <i>Clematis gouriana</i> Roxb. ex DC. | Ranunculaceae | - | |
| 11. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| 12. | <i>Dalbergia sissoo</i> DC. | Fabaceae | Sheesham | |
| 13. | <i>Erythrina variegata</i> L. | Fabaceae | Paribhadra | |
| 14. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 15. | <i>Ficus benghalensis</i> L. | Moraceae | Vat | |
| 16. | <i>Ficus hispida</i> L.f. | Moraceae | | |
| 17. | <i>Grewia optiva</i> J.R.Drumm. ex Burret | Malvaceae | Ghaman | |
| 18. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| 19. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 20. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 21. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 22. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |

| | | | | |
|-----|--|----------------|----------|---|
| 23. | <i>Pyrus pashia</i> Buch.-Ham. ex D. Don | Rosaceae | Kaith | |
| 24. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| 25. | <i>Syzygium cumini</i> (L.) Skeels | Myrtaceae | Jamun | |
| 26. | <i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn. | Combretaceae | Arjun | |
| 27. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 28. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 29. | <i>Thalictrum foliolosum</i> DC. | Ranunculaceae | Mamiri | |
| 30. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 31. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 32. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| 33. | <i>Ziziphus jujuba</i> Mill. | Rhamnaceae | Ber | |

Medicinal and aromatic plant species suitable for cultivation and conservation in Beri forest area

| Name of Species | Family | Common Name | Aromatic |
|--|----------------|-------------|----------|
| <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| <i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn. | Combretaceae | Arjun | |

Medicinal and aromatic plant species suitable for cultivation in Beri under field conditions

| Name of Species | Family | Common Name | Aromatic |
|--|---------------|---------------------|----------|
| <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |
| <i>Cymbopogon martini</i> (Roxb.) W. Watson | Poaceae | Palmarosa | + |
| <i>Aloe barbadensis</i> Mill. | Asphodelaceae | Aloevera | |
| <i>Ocimum spp.</i> | Lamiaceae | Tulsi, Kapoor tulsi | + |
| <i>Withania somnifera</i> (L.) Dunal | Solanaceae | Ashwagandha | |



Interaction with forest officials



Interaction with farmers



Proposed site for conservation of MAPs



Proposed site for conservation of MAPs

GLIMPSE OF FIELD AND FIELD ACTIVITIES

6. Range: Kamlah; VFDS: Sari

| | | | |
|-------------------------|------------------------------|-------------------|--------|
| Cluster: | Mandi | Range: | Kamlah |
| VFDS: | Sari | Panchayat: | Sari |
| GPS coordinates: | 31°47'22.29"N, 76°41'56.27"E | Altitude: | 741 |

Sari village is situated at an altitude of 741 m amsl. Village have population of 1400 population and about 200 houses. The soil of the area is dry and rocky soil, gravel shallow, poorly terraced, texture in general varies from loam to sandy loam, except in low valley areas being heavy textured. Climate of the area is subtropical climate, hot during summer season. The area is rainfed and dependent on rainfall except for few locations. The main food grain crops grown in the village are maize, paddy wheat, barley. Beside these cereal crops, some of the farmers also grow pulses viz., pigeon peas, black gram beans, soyabean, ginger, turmeric. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of wild medicinal plants growing at Sari Village

| Sl. No. | Name of Species | Family | Common Name | Aromatic |
|---------|--|----------------|-------------|----------|
| 1. | <i>Acacia catechu</i> (L.f.) Willd. | Fabaceae | Khair | |
| 2. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 3. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra | |
| 4. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 5. | <i>Cannabis sativa</i> L. | Cannabaceae | Bhang | |
| 6. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| 7. | <i>Cassia fistula</i> L. | Fabaceae | Amaltas | |
| 8. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| 9. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 10. | <i>Erythrina variegata</i> L. | Fabaceae | Paribhadra | |
| 11. | <i>Ficus religiosa</i> L. | Moraceae | Pipal | |
| 12. | <i>Ficus hispida</i> L.f. | Moraceae | | |
| 13. | <i>Grewia optiva</i> J.R.Drumm. ex Burret | Malvaceae | Ghaman | |
| 14. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| 15. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 16. | <i>Mangifera indica</i> L. | Anacardiaceae | Aam | |
| 17. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 18. | <i>Phoenix sylvestris</i> (L.) Roxb. | Arecaceae | Khajur | |
| 19. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 20. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 21. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| 22. | <i>Syzygium cumini</i> (L.) Skeels | Myrtaceae | Jamun | |
| 23. | <i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn. | Combretaceae | Arjun | |
| 24. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |

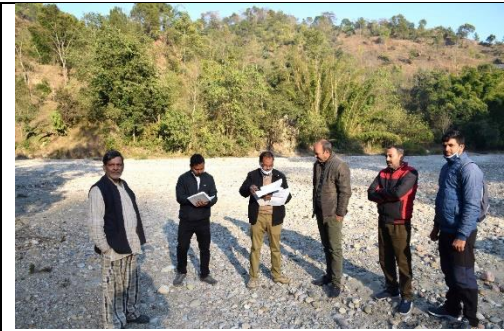
| | | | | |
|-----|-------------------------------------|--------------|----------|---|
| 25. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 26. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 27. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |

Medicinal and aromatic plant species suitable for cultivation and conservation in Sari forest area

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|----------------|-------------|----------|
| i. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| ii. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| iii. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| iv. | <i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn. | Combretaceae | Arjun | |

Medicinal and aromatic plant species suitable for cultivation in Sari under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|---------------|-------------|----------|
| 1 | <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |
| 2 | <i>Cymbopogon martini</i> (Roxb.) W. Watson | Poaceae | Palmarosa | + |
| 3 | <i>Aloe barbadensis</i> Mill. | Asphodelaceae | Aloevera | |
| 4 | <i>Ocimum spp.</i> | Lamiaceae | Tulsi | + |
| 5 | <i>Withania somnifera</i> (L.) Dunal | Solanaceae | Ashwagandha | |



Interaction with forest officials



Proposed site for conservation of MAPs



Proposed site for conservation of MAPs



Proposed site for conservation of MAPs

GLIMPSE OF FIELD AND FIELD ACTIVITIES

7. Range: Suket; VFDS: Riggad

| | | | |
|-------------------------|-----------------------------|-------------------|------------|
| Cluster: | Mandi | Range: | Suket |
| VFDS: | Riggad | Panchayat: | Kehar |
| GPS coordinates: | 31°35'56.23"N,76°59'09.92"E | Altitude: | 778-1140 m |

Riggad VFDS is situated at an altitude of 778-1140 m amsl. Village have population of 1500 population and about 200 houses. The soil of the area is dry, rocky and sandy gravel, poorly terraced, texture in general varies from loam to sandy loam, except in low valley areas being heavy textured. Climate of the area is subtropical climate, hot during summer season. The area is rainfed and dependent on rainfall except for few locations. While very few areas are irrigated by water tank. The main food grain crops grown in the village are maize and wheat. Apart from this some farmers also growing, cauliflower and radish. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of wild MAPs plants growing at Riggad

| Sl. No. | Name of Species | Family | Common Name | Aromatic |
|---------|--|----------------|-------------|----------|
| 1. | <i>Aegle marmelos</i> (L.) Corrêa | Rutaceae | Bel | |
| 2. | <i>Albizia chinensis</i> (Osbeck) Merr. | Fabaceae | Sirish | |
| 3. | <i>Artemisia vestita</i> Wall. ex Besser | Asteraceae | - | + |
| 4. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 5. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra | |
| 6. | <i>Bombax ceiba</i> L. | malvaceae | Simbal | |
| 7. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| 8. | <i>Dalbergia sissoo</i> DC. | Fabaceae | Sheesham | |
| 9. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 10. | <i>Ficus religiosa</i> L. | Moraceae | Pipal | |
| 11. | <i>Grewia optiva</i> J.R.Drumm. ex Burret | Malvaceae | Ghaman | |
| 12. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 13. | <i>Mangifera indica</i> L. | Anacardiaceae | Aam | |
| 14. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 15. | <i>Myrica esculenta</i> Buch.-Ham. ex D. Don | Myriaceae | Kafal | |
| 16. | <i>Oroxylum indicum</i> (L.) Kurz i | Bignoniaceae | Tatpalang | |
| 17. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 18. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 19. | <i>Pistacia integerrima</i> J. L. Stewart ex Brandis | | - | |

| | | | | |
|-----|--|----------------|----------|---|
| 20. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 21. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| 22. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 23. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 24. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 25. | <i>Viola pilosa</i> Blume | Violaceae | Vanfasha | |
| 26. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 27. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmir | + |

Medicinal and aromatic plant species suitable for cultivation and conservation in Kehar forest area

| Name of Species | Family | Common Name | Aromatic |
|--|----------------|-------------|----------|
| <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| <i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn. | Combretaceae | Arjun | |

Medicinal and aromatic plant species suitable for cultivation in Kehar under field conditions

| Name of Species | Family | Common Name | Aromatic |
|---|---------------|---------------|----------|
| <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |
| <i>Cymbopogon martini</i> (Roxb.) W. Watson | Poaceae | Palmarosa | + |
| <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| <i>Aloe barbadensis</i> Mill. | Asphodelaceae | Aloevera | |
| <i>Withania somnifera</i> (L.) Dunal | Solanaceae | Ashwagandha | |
| <i>Ocimum</i> spp. | Lamiaceae | Tulsi | + |



Interaction with forest officials and farmers



Proposed site for conservation of MAPs

GLIMPSE OF FIELD AND FIELD ACTIVITIES

8. Range: Suket; VFDS: Thalla

| | | | |
|-------------------------|------------------------------|-------------------|-------|
| Cluster: | Mandi | Range: | Suket |
| VFDS: | Thalla | Panchayat: | Arthi |
| GPS coordinates: | 31°31'13.33"N, 76°52'05.11"E | Altitude: | 986 m |

Arthi village is situated at an altitude of 986 m amsl. The soil of the area is dry and rocky soil, gravel shallow, poorly terraced, texture in general varies from loam to sandy loam, except in low valley areas being heavy textured. Climate of the area is subtropical climate, hot during summer season. The area is rainfed and mostly dependent on rainfall except for few locations. The main food grain crops grown in the village are maize and wheat. There is animal menace from monkey, pig and wild boar etc. The area is rainfed and dependent on rainfall except for few locations. The main food grain crops grown in the village are maize, paddy and wheat, barley. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of wild MAPs plants growing at Thalla

| Sl. No. | Name of Species | Family | Common Name | Aromatic |
|---------|--|----------------|---------------|----------|
| 1. | <i>Albizia chinensis</i> (Osbeck) Merr. | Fabaceae | Sirish | |
| 2. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 3. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 4. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| 5. | <i>Dalbergia sissoo</i> DC. | Fabaceae | Sheesham | |
| 6. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 7. | <i>Ficus religiosa</i> L. | Moraceae | Pipal | |
| 8. | <i>Grewia optiva</i> J.R. Drumm. ex Burret | Malvaceae | Ghaman | |
| 9. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 10. | <i>Mangifera indica</i> L. | Anacardiaceae | Aam | |
| 11. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 12. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 13. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 14. | <i>Pistacia integerrima</i> J. L. Stewart ex Brandis | Anacardiaceae | Kakde, Karkat | |
| 15. | <i>Solanum solonaceum</i> Druce | Solanaceae | | |
| 16. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 17. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 18. | <i>Viola pilosa</i> Blume | Violaceae | Vnafasha | |
| 19. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |

| | | | | |
|-----|---|----------------|----------|--|
| 20. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 21. | <i>Cissampelos pareira</i> L. | Menispermaceae | Bhanindu | |
| 22. | <i>Clematis gouriana</i> Roxb. ex DC. | Ranunculaceae | - | |
| 23. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 24. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| 25. | <i>Pyrus pashia</i> Buch. -Ham. ex D. Don | Rosaceae | Kaith | |
| 26. | <i>Solanum surattense</i> Burm. f. | Solanaceae | - | |
| 27. | <i>Toona ciliata</i> M.Roem. | Meliaceae | Toon | |
| 28. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| 29. | <i>Xylosma longifolia</i> Clos | Salicaceae | - | |

Medicinal and aromatic plant species suitable for cultivation and conservation in Thalla

| Name of Species | Family | Common Name | Aromatic |
|--|----------------|-------------|----------|
| <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| <i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn. | Combretaceae | Arjun | |

Medicinal and aromatic plant species suitable for cultivation in Arthi under field conditions

| Name of Species | Family | Common Name | Aromatic |
|--|---------------|---------------|----------|
| <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |
| <i>Cymbopogon martini</i> (Roxb.) W. Watson | Poaceae | Palmarosa | + |
| <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| <i>Aloe barbadensis</i> Mill. | Asphodelaceae | Aloevera | |
| <i>Ocimum</i> spp. | Lamiaceae | Tulsi | + |



Interaction with forest officials and villagers



Proposed site for conservation of MAPs

GLIMPSE OF FIELD AND FIELD ACTIVITIES

9. Range: Darang; VFDS: Nihaun

| | | | |
|-------------------------|-------------------------------------|-------------------|--------|
| Cluster: | Mandi | Range: | Darang |
| VFDS: | Nihaun | Panchayat: | Kufri |
| GPS coordinates: | 31° 43' 10.50" N, 076° 51' 24.48" E | Altitude: | 1070 m |

Nihaun VFDS is situated at an altitude of 1070 m amsl. The village is located about 18 km from Pathankot- Mandi NH154 and 38 km from Mandi town. It has about 20 households having 150 populations. The main occupation of people is agriculture. The soil of area is sandy. Climate of the area is hot during summer and cold in winter. The topography of the area is sloppy so agriculture is entirely rainfed. The main agriculture crops grown in the area are wheat, maize, kodra (*Elusine sp.*), pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of wild medicinal plants growing at Nihaun VFDS

| SI N. | Name of Species | Family | Common Name | Aromatic |
|-------|--|----------------|-------------|----------|
| 1. | <i>Aegle marmelos</i> (L.) Corrêa | Rutaceae | Bel | |
| 2. | <i>Albizia chinensis</i> (Osbeck) Merr. | Fabaceae | Oei | |
| 3. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Sansva | |
| 4. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 5. | <i>Berberis lycium</i> Royle | Berberidaceae | Kashmal | |
| 6. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 7. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| 8. | <i>Cissampelos pareira</i> L. | Menispermaceae | Batindu | |
| 9. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| 10 | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 11 | <i>Oroxylum indicum</i> (L.) Kurz | Bignoniaceae | Tatpalang | |
| 12 | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 13 | <i>Pistacia integerrima</i> J. L. Stewart ex Brandis | Anacardiaceae | Kakrsinghi | |
| 14 | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 15 | <i>Punica granatum</i> L. | Lythraceae | Anar | |
| 16 | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| 17 | <i>Sida cordifolia</i> L. | Malvaceae | Bala | |
| 18 | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 19 | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 20 | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 21 | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 22 | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| 23 | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmira | + |

| | | | | |
|----|---|------------|-------|--|
| 24 | <i>Ziziphus nummularia</i> (Burm.f.) Wight & Arn. | Rhamnaceae | Barar | |
|----|---|------------|-------|--|

Medicinal and aromatic plant species suitable for cultivation and conservation in Nihaun forest area

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|-------------|----------|
| i. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| ii. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| iii. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |

Medicinal and aromatic plant species suitable for cultivation in Nihaun under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|---------------|---------------|----------|
| 1 | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2 | <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |
| 3 | <i>Cymbopogon martini</i> (Roxb.) W. Watson | Poaceae | Palmarosa | + |
| 4 | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |
| 5 | <i>Aloe barbadensis</i> Mill. | Asphodelaceae | Aloevera | |



Interaction with peoples at Nihaun and proposed site for plantation

10. Range: Darang; VFDS: Kufri

| | | | |
|-------------------------|--------------------------------|-------------------|--------|
| Cluster: | Mandi | Range: | Darang |
| VFDS: | Kufri | Panchayat: | Kufri |
| GPS coordinates: | 31° 51'0.87''N, 76° 52'8.08''E | Altitude: | 1456 m |

Kufri village is situated at an altitude of 1456 m amsl. The village is located about 15 km from Pathankot- Mandi NH154 and 35 km from Mandi town. It has about 75 households having 300 populations. The main occupation of people is agriculture. The soil of area is sandy loam. Climate of the area is hot during summer and cold in winter. The topography of the area is sloppy so agriculture is entirely rainfed. The main agriculture crops grown in the area are wheat, maize, Kodra (*Elusine sp.*), pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of wild medicinal plants growing at Kufri VFDS

| Sr No. | Name of Species | Family | Common Name | Aromatic |
|--------|--|----------------|-------------|----------|
| 1. | <i>Albizia chinensis</i> (Osbeck) Merr. | Fabaceae | Oei | |
| 2. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Sansva | |
| 3. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 4. | <i>Berberis lycium</i> Royle | Berberidaceae | Kashmal | |
| 5. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 6. | <i>Carissa spinarum</i> L. | Apocynaceae | Garana | |
| 7. | <i>Cissampelos pareira</i> L. | Menispermaceae | Bhanindu | |
| 8. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| 9. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 10. | <i>Oroxylum indicum</i> (L.) Kurz | Bignoniaceae | Tatpalang | |
| 11. | <i>Murraya koenigii</i> (L.) Spreng. | Rutaceae | Kari patta | + |
| 12. | <i>Pistacia integerrima</i> J. L. Stewart ex Brandis | Anacardiaceae | Kakrsinghi | |
| 13. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 14. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| 15. | <i>Sida cordifolia</i> L. | Malvaceae | Bala | |
| 16. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 17. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 18. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 19. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 20. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| 21. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmira | + |

Medicinal and aromatic plant species suitable for cultivation and conservation in Kufri forest area

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|-------------|----------|
| 1 | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 2 | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 3 | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |

Medicinal and aromatic plant species suitable for cultivation in Kufri under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|------------|---------------|----------|
| 1 | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2 | <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |
| 3 | <i>Ocimum spp.</i> | Lamiaceae | Tulsi | + |
| 4 | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |



Interaction with peoples at Kufri and proposed site for plantation

11. Range: Kataula; VFDS: Bhei

| | | | |
|-------------------------|-------------------------------|-------------------|---------|
| Cluster: | Mandi | Range: | Kataula |
| VFDS: | Bhei | Panchayat: | Gharan |
| GPS coordinates: | 31°43'41.9" N, 77°01'42.80" E | Altitude: | 909 m |

Bhei village is situated at an altitude of 909 m amsl. The village is situated about 4 km from Mandi-Manali NH and approx.14 km from Mandi town. It has about 54 households. The main occupation of people is agriculture. The soil of area is sandy loam and consisting of slate stone. Climate of the area is dry and hot having subtropical type climate. During the summer season it is very hot. The area is rainfed and dependent on rainfall except for few locations. The main agriculture crops grown in the area are maize, barely (*Hordeum vulgare*), kodra (*Elusine sp.*), pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of wild medicinal plants growing at Bhei VFDS

| Sl. No. | Name of Species | Family | Common Name | Aromatic |
|---------|---|----------------|-------------|----------|
| i. | <i>Acorus calamus</i> L. | Acoraceae | Bare | + |
| ii. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| iii. | <i>Berberis lycium</i> Royle | Berberidaceae | Kashmal | |
| iv. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| v. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| vi. | <i>Cissampelos pareira</i> L. | Menispermaceae | Batindu | |
| vii. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| viii. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| ix. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| x. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| xi. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| xii. | <i>Punica granatum</i> L. | Lythraceae | Anar | |
| xiii. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| xiv. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| xv. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| xvi. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| xvii. | <i>Viola canescens</i> Wall. | Violaceae | Banshfa | |
| xviii. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| xix. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| xx. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmira | + |

Medicinal and aromatic plant species suitable for cultivation and conservation in Bhei forest area

| Name of Species | Family | Common Name | Aromatic |
|---|----------------|-------------|----------|
| <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |

Medicinal and aromatic plant species suitable for cultivation in Bhei under field conditions

| Name of Species | Family | Common Name | Aromatic |
|--|------------|--------------------|----------|
| <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |
| <i>Cymbopogon martini</i> (Roxb.) W. Watson | Poaceae | Palmarosa | + |
| <i>Ocimum</i> spp. | Lamiaceae | Tulsi/Kapoor tulsi | + |
| <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |
| <i>Withania somnifera</i> | Solanaceae | Aswagandha | |



View of site and interaction with forest officials

12.Range: Kataula; VFDS: Dukhi

| | | | |
|-------------------------|--------------------------------|-------------------|---------|
| Cluster: | Mandi | Range: | Kataula |
| VFDS: | Duhki | Panchayat: | Navloye |
| GPS coordinates: | 31°44'92.20" N, 76°59'83.60" E | Altitude: | 1335 m |

Duhki village is situated at an altitude of 1335 m amsl. The village is situated about 15 km from Kamand, Mandi. It has about 120 households. The main occupation of people is agriculture. The soil of area is sandy loam and consisting of slate stone. Climate of the area is dry and hot having subtropical type climate. During the summer season it is very hot. The area is rainfed and dependent on rainfall except for few locations. The main agriculture crops grown in the area are maize, wheat, barely (*Hordeum vulgare*), kodra (Elusine sp.), pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of wild medicinal plants growing at Dukhi VFDS

| Sl. No. | Name of Species | Family | Common Name | Aromatic |
|---------|--|----------------|-------------|----------|
| i. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| ii. | <i>Berberis lycium</i> Royle | Berberidaceae | Kashmal | |
| iii. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| iv. | <i>Cissampelos pareira</i> L. | Menispermaceae | Batindu | |
| v. | <i>Cuscuta reflexa</i> Roxb. | Convolvulaceae | Akash Bel | |
| vi. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| vii. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| viii. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | |
| ix. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| x. | <i>Punica granatum</i> L. | Lythraceae | Anar | |
| xi. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| xii. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| xiii. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| xiv. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| xv. | <i>Viola canescens</i> Wall. | Violaceae | Banfsa | + |
| xvi. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | |
| xvii. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| xviii. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Timira | |

Medicinal and aromatic plant species suitable for cultivation and conservation in Dukhi forest area

| Sr No. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|-------------|----------|
| 1 | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 2 | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 3 | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |

Medicinal and aromatic plant species suitable for cultivation in Dukhi under field conditions

| Name of Species | Family | Common Name | Aromatic |
|---------------------------------|------------|---------------|----------|
| <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| <i>Rosa damascena</i> Mill. | Rosaceae | Damask rose | + |
| <i>Rosmarinus officinalis</i> | Lamiceae | Rosemary | + |
| <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |



View of the proposed site

13.Range: Mandi; VFDS: Mandal

| | | | |
|-------------------------|-----------------------------|-------------------|--------|
| Cluster: | Mandi | Range: | Mandi |
| VFDS: | Mandal | Panchayat: | Mandal |
| GPS coordinates: | 31°38'16.28"N,76°55'07.41"E | Altitude: | 1030 m |

Mandal village is situated at an altitude of 1030 m amsl. The village is located about 14 km from Mandi. It has about 50 households having 300 populations. The main occupation of people is agriculture. The soil of area is mid hill laom to clay loam with gravel. Climate of the area is hot during summer and cold in winter. The topography of the area is sloppy so agriculture is entirely rainfed. The main agriculture crops grown in the area are wheat, maize, pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Mandal.

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|----------------|-------------------------|----------|
| 1. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 2. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 3. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra, Kashmal | |
| 4. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| 5. | <i>Celtis australis</i> L. | Cannabaceae | - | |
| 6. | <i>Cissampelos pareira</i> L. | Menispermaceae | Batindu | |
| 7. | <i>Dalbergia sissoo</i> DC. | Fabaceae | Sheesham | |
| 8. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| 9. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 10. | <i>Mangifera indica</i> L. | Anacardiaceae | Aam | |
| 11. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 12. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 13. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 14. | <i>Prunus amygdalus</i> Batsch | Rosaceae | Badam | |
| 15. | <i>Tagetes minuta</i> L. | Asteraceae | JangaliGenda | + |
| 16. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 17. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 18. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 19. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 20. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| 21. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmir | |

Medicinal and aromatic plant species suitable for cultivation in under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|---------------|----------|
| 1. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 2. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 3. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 4. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 5. | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 6. | <i>Curcuma</i> sp. | Zingiberaceae | Haldi | + |

Medicinal and aromatic plant species suitable for cultivation under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|------------|---------------|----------|
| 1 | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2 | <i>Rosa damascena</i> Mill. | Rosaceae | Damask rose | + |
| 3 | <i>Ocimum</i> spp. | Lamiaceae | Tulsi | + |
| 4 | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |
| 5 | <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |



Interaction with villagers



Interaction with forest officials

GLIMPSE OF FIELD AND FIELD ACTIVITIES

14. Range Mandi; VFDS Dharwahan (Bala Sundri)

| | | | |
|-------------------------|------------------------------|-------------------|-------|
| Cluster: | Mandi | Range: | Mandi |
| VFDS: | Dharwahan (Bala Sundri) | Panchayat: | Behal |
| GPS coordinates: | 31°38'21.56"N, 76°54'30.98"E | Altitude: | 950 m |

Behal village is situated at an altitude of 950 m amsl. The village is located about 25 km from Mandi. It has about 100 households having 350 populations. The main occupation of people is agriculture. The soil of area is mid hill laom to clay loam with gravel. Climate of the area is hot during summer and cold in winter. The topography of the area is sloppy so agriculture is entirely rainfed. The main agriculture crops grown in the area are wheat, maize, pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Dharwahan (Bala Sundri) VFDS

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|-------------------------|----------|
| 1. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 2. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 3. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra, Kashmal | |
| 4. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 5. | <i>Cordia myxa</i> L. | Boraginaceae | Lasuda | |
| 6. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 7. | <i>Dioscorea deltoidea</i> A.Cunn. Ex G. Don | Dioscoreaceae | Singli-Mingli | |
| 8. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 9. | <i>Ficus palmata</i> Roxb. | Moraceae | - | |
| 10. | <i>Ficus religiosa</i> L. | Moraceae | Pipal | |
| 11. | <i>Mallotus philippensis</i> (Lam.) Mull.Arg. | Euphorbiaceae | Kaamal | |
| 12. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 13. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 14. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 15. | <i>Pistacia integerrima</i> J. L. Stewart ex Brandis) Rech. f. | Anacardiaceae | Kakdesingha | |
| 16. | <i>Prunus cerasoides</i> D. Don | Rosaceae | Padam | |
| 17. | <i>Pyrus pashia</i> Buch.-Ham. ex D. Don | Rosaceae | Kaith | |
| 18. | <i>Syzygium cumini</i> (L.) Skeels | Myrtaceae | Jamun | |
| 19. | <i>Toona ciliata</i> M. Roem. | Meliaceae | Toon | |
| 20. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 21. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| 22. | <i>Ziziphus jujuba</i> Mill. | Rhamnaceae | Ber | |

Medicinal and aromatic plant species suitable for cultivation in under forest conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|-------------|----------|
| 1. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 2. | <i>Curcuma sp.</i> | Zingiberaceae | Haldi | + |
| 3. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 4. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 5. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |

Medicinal and aromatic plant species suitable for cultivation under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|------------|---------------|----------|
| 1 | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2 | <i>Ocimum spp.</i> | Lamiaceae | Tulsi | + |
| 3 | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |
| 4 | <i>Cymbopogon flexuosus</i> (Nees ex Steud). W. Watson | Poaceae | Lemongrass | + |
| 5 | <i>Withania somnifera</i> (L.) Dunal | Solanaceae | Ashwagandha | |



Interaction with forest officials



Proposed site for conservation of MAPs

GLIMPSE OF FIELD AND FIELD ACTIVITIES

15. Range: Urla; VFDS: Gawali

| | | | |
|-------------------------|-----------------------------|-------------------|--------|
| Cluster: | Mandi | Range: | Urla |
| VFDS: | Gawali | Panchayat: | Gawali |
| GPS coordinates: | 31°54'24.44"N,76°54'12.80"E | Altitude: | 1509 m |

Gwali village is situated at an altitude of 1509 m amsl. The village is located about 2 km from Pathankot- Mandi NH154. It has about 40 households having 250 populations. The main occupation of people is agriculture. The soil of area is sandy loam. Climate of the area is hot during summer and cold in winter. The topography of the area is sloppy so agriculture is entirely rainfed. The main agriculture crops grown in the area are wheat, maize, kodra (*Elusine sp.*), pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Gawali VFDS

| Sl. N. | Name of Species | Family | Common name | Aromatic |
|--------|---|----------------|--------------|----------|
| 1. | <i>Acorus calamus</i> L. | Acoraceae | Vach | |
| 2. | <i>Bauhinia vahlii</i> Wight & Arn. | Fabaceae | Tor | |
| 3. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 4. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra | |
| 5. | <i>Cissampelos pareira</i> L. | Menispermaceae | Bhanindu | |
| 6. | <i>Clematis gouriana</i> Roxb. ex DC. | Ranunculaceae | - | |
| 7. | <i>Grewia optiva</i> J.R. Drumm. ex Burret | Malvaceae | Ghaman | |
| 8. | <i>Juglans regia</i> L. | Juglandaceae | Akhrot | |
| 9. | <i>Phoenix sylvestris</i> (L.) Roxb. | Arecaceae | Khajur | |
| 10. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 11. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 12. | <i>Prins epiautilis</i> Royle | Rosaceae | Bhekhal | |
| 13. | <i>Prunus cerasoides</i> D. Don | Rosaceae | Padam | |
| 14. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 15. | <i>Ricinus communis</i> L. | Euphorbiaceae | Arand | |
| 16. | <i>Rubus ellipticus</i> Sm. | Rosaceae | | |
| 17. | <i>Tagetes minuta</i> L. | Asteraceae | JangaliGenda | + |
| 18. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 19. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 20. | <i>Urtica dioica</i> L. | Urticaceae | Bicchubooti | |
| 21. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmir | + |
| 22. | <i>Ziziphus jujuba</i> Mill. | Rhamnaceae | Ber | |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|--|---------------|----------------|----------|
| 1. | <i>Valeriana jatamansi</i> | Valerianaceae | Mushkbala | + |
| 2. | <i>Hedychium spicatum</i> Buch. Ham. ex Smith. | Zingiberaceae | Kapoor Kachari | + |
| 3. | <i>Viola odorata</i> | Violaceae | Banafsa | |
| 4. | <i>Curcuma aromatica</i> | Zingiberaceae | Jangli haldi | + |

Medicinal and aromatic plant species suitable for cultivation in under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---------------------------------|------------|---------------|----------|
| 1 | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2 | <i>Rosa damascena</i> Mill. | Rosaceae | Damask Rose | + |
| 3 | <i>Rosmarinus officinalis</i> | Lamiaceae | Rosemary | + |
| 4 | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |
| 5 | <i>Ocimum spp.</i> | Lamiaceae | Tulsi | + |



Interaction with forest officials



Interaction with forest officials and villagers

GLIMPSE OF FIELD AND FIELD ACTIVITIES

16.Range: Urla; VFDS: Thorat

| | | | |
|-------------------------|-----------------------------|-------------------|---------|
| Cluster: | Mandi | Range: | Urla |
| VFDS: | Thorat | Panchayat: | Kandhar |
| GPS coordinates: | 31°56'30.88"N,76°50'55.11"E | Altitude: | 1280 m |

Thorat is situated at an altitude of 1280 m amsl. The village is located about 10 km from Pathankot- Mandi NH154. It has about 30 households having 150 populations. The village is not connected by road so one has to track about 2 km from road. The main occupation of people is agriculture. The soil of area is sandy loam. Climate of the area is hot during summer and cold in winter. The topography of the area is sloppy so agriculture is entirely rainfed. The main agriculture crops grown in the area are wheat, maize, kodra (*Elusine sp.*), pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Thorat VFDS

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|----------------|----------------------|----------|
| 1. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 2. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 3. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 4. | <i>Myrica esculenta</i> Buch.-Ham. ex D. Don | Myricaceae | Kafal | |
| 5. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 6. | <i>Prunus cerasoides</i> D. Don | Rosaceae | Padam | |
| 7. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 8. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 9. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 10. | <i>Viola pilosa</i> Blume | Violaceae | Bnafasha | |
| 11. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 12. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 13. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra, Kashmal | |
| 14. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 15. | <i>Lyonia oblongifolia</i> | | | |
| 16. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 17. | <i>Prinsepia utilis</i> Royle | Rosaceae | Bhekhal | |
| 18. | <i>Toona ciliata</i> M.Roem. | Meliaceae | Toon | |
| 19. | <i>Woodfordia fruticosa</i> Kurz | Lythraceae | Ghaatki | |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|--|---------------|----------------|----------|
| 1. | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2. | <i>Valeriana jatamansi</i> | Valerianaceae | Mushkbala | + |
| 3. | <i>Hedychium spicatum</i> Buch. Ham. ex Smith. | Zingiberaceae | Kapoor Kachari | + |
| 4. | <i>Viola odorata</i> | Violaceae | Bnafsa | |
| 5. | <i>Curcuma aromatica</i> | Zingiberaceae | Jangli haldi | + |

Medicinal and aromatic plant species suitable for cultivation in under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---------------------------------|------------|---------------|----------|
| 1 | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2 | <i>Rosa damascena</i> Mill. | Rosaceae | Damask Rose | + |
| 3 | <i>Ocimum spp.</i> | Lamiaceae | Tulsi | + |
| 4 | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |



GLIMPSE OF FIELD AND FIELD ACTIVITIES

17. Range: Jogindernagar; VFDS: Banehar

| | | | |
|-------------------------|-----------------------------|-------------------|---------------|
| Cluster: | Mandi | Range: | Jogindernagar |
| VFDS: | Banehar | Panchayat: | RopaPadhar |
| GPS coordinates: | 31°95'11.01"N,76°82'27.39"E | Altitude: | 1310 - 1400 m |

Ropa Padhar village is located in Jogindernagar Tehsil of Mandi district in Himachal Pradesh, India. It is situated 49km away from district headquarter. Jogindernagar is the sub-district headquarter of Ropa Padhar village. The village is located about 8 km from Pathankot- Mandi NH154. It has about 125 households having 350 populations. The village is not yet connected by road and road construction is in process. The main occupation of people is agriculture. The soil of area is clayey loam. Climate of the area is hot during summer and cold in winter. The topography of the area is sloppy so agriculture is mainly rainfed. The main agriculture crops grown in the area are wheat, maize, kodra (*Elusine sp.*), pulses (horse gram, black gram, and rajmah) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Ropa Padhar

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|----------------|----------------------|----------|
| 1. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 2. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 3. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 4. | <i>Myrica esculenta</i> Buch.-Ham. ex D. Don | Myricaceae | Kafal | |
| 5. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 6. | <i>Prunus cerasoides</i> D. Don | Rosaceae | Padam | |
| 7. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 8. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 9. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 10 | <i>Viola pilosa</i> Blume | Violaceae | Vanafasha | |
| 11 | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 12 | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 13 | <i>Berberis lyceum</i> Royle | Berberidaceae | Daruharidra, Kashmal | |
| 14 | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 15 | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 16 | <i>Prinsepia utilis</i> Royle | Rosaceae | Bhekhal | |
| 17 | <i>Toona ciliata</i> M. Roem. | Meliaceae | Toon | |
| 18 | <i>Woodfordia fruticosa</i> Kurz | Lythraceae | Ghaatki | |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|--|---------------|----------------|----------|
| 1. | <i>Valeriana jatamansi</i> | Valerianaceae | Mushkbala | + |
| 2. | <i>Hedychium spicatum</i> Buch. Ham. ex Smith. | Zingiberaceae | Kapoor Kachari | + |
| 3. | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 4. | <i>Viola odorata</i> | Violaceae | Banafsa | |
| 5. | <i>Curcuma aromatica</i> | Zingiberaceae | Jangli haldi | + |

Medicinal and aromatic plant species suitable for cultivation in under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|-------------------------------|---------------|---------------|----------|
| 1 | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2 | <i>Rosa damascena</i> Mill. | Rosaceae | Damask Rose | + |
| 3 | <i>Valeriana jatamansi</i> | Valerianaceae | Mushkbala | + |
| 4 | <i>Rosmarinus officinalis</i> | Lamiceae | Rosemary | + |
| 5 | <i>Lavandula hybrid</i> Rev. | Lamiaceae | Lavandin | + |



Proposed site for conservation of MAPs

18.Range: Joginder Nagar; VFDS: Panchjan

| | | | |
|-------------------------|------------------------------|-------------------|----------------|
| Cluster: | Mandi | Range: | Joginder Nagar |
| VFDS: | Panchjan | Panchayat: | Zimzima |
| GPS coordinates: | 32°00'25.25"N, 76°48'26.20"E | Altitude: | 1798 m |

Panchjan village is situated at an altitude of 1798 m amsl. The village is located about 7 km from Joginder nagar. It has about 60 households having 400 populations. The main occupation of people is agriculture. The soil of area is sandy loam. Climate of the area is hot during summer and cold in winter. The topography of the area is sloppy so agriculture is entirely rainfed. The main agriculture crops grown in the area are wheat, maize, kodra (*Elusine sp.*), pulses (horse gram, black gram) and vegetables. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Panchajan VFDS

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|--|----------------|-------------|----------|
| 1. | <i>Albizia chinensis</i> (Osbeck) Merr. | Fabaceae | Sirish | |
| 2. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 3. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 4. | <i>Cassia fistula</i> L. | Fabaceae | Amaltas | |
| 5. | <i>Grewia optiva</i> J.R. Drumm. ex Burret | Malvaceae | Ghaman | |
| 6. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 7. | <i>Myrica esculenta</i> Buch.-Ham. ex D. Don | Myricaceae | Kafal | |
| 8. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 9. | <i>Pistacia integerrima</i> J. L. Stewart ex Brandis | Anacardiaceae | Kakrasinghi | |
| 10. | <i>Prunus cerasoides</i> D. Don | Rosaceae | Padam | |
| 11. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 12. | <i>Sapindus mukorossi</i> Gaertn. | Sapindaceae | Ritha | |
| 13. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 14. | <i>Terminalia chebula</i> Retz. | Combretaceae | harad | |
| 15. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 16. | <i>Viola pilosa</i> Blume | Violaceae | Vanfasha | |
| 17. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 18. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmir | + |
| 19. | <i>Rhododendron arboreum</i> Sm. | Ericaceae | Burans | |
| 20. | <i>Cedrus deodara</i> (Roxb. ex D. Don) G. Don | Pinaceae | Devdaru | |
| 21. | <i>Morus alba</i> L. | Moraceae | Shahtut | |
| 22. | <i>Valeriana jatamansi</i> Jones | Caprifoliaceae | Jatamansi | |
| 23. | <i>Bergenia ciliata</i> (Haw.) Sternb. | Saxiferaaceae | Pashanbhed | |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|--|---------------|----------------|----------|
| 1. | <i>Valeriana jatamansi</i> | Valerianaceae | Mushkbala | + |
| 2. | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 3. | <i>Hedychium spicatum</i> Buch. Ham. ex Smith. | Zingiberaceae | Kapoor Kachari | + |
| 4. | <i>Viola odorata</i> | Violaceae | Banafsa | |
| 5. | <i>Curcuma aromatica</i> | Zingiberaceae | Jangli haldi | + |

Medicinal and aromatic plant species suitable for cultivation in under field conditions

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|-------------------------------|---------------|---------------|----------|
| 1 | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2 | <i>Rosa damascena</i> Mill. | Rosaceae | Damask Rose | + |
| 3 | <i>Valeriana jatamansi</i> | Valerianaceae | Mushkbala | + |
| 4 | <i>Rosmarinus officinalis</i> | Lamiceae | Rosemary | + |
| 5 | <i>Lavandula hybrid</i> Rev. | Lamiaceae | Lavandin | + |

| | |
|---|--|
|  |  |
| Interaction with forest officials and villagers | Proposed site for conservation of MAPs |

GLIMPSE OF FIELD AND FIELD ACTIVITIES

19.Range:Kotli; VFDS: Kot

| | | | |
|-------------------------|------------------------------|-------------------|-----------------|
| Cluster: | Mandi | Range: | Kotli |
| VFDS: | Kot | Panchayat: | Drubal Mandohar |
| GPS coordinates: | 31°48'18.25"N, 76°51'07.08"E | Altitude: | 898 m -1130 m |

Kotli Tungal (Kotli) is a small town in Himachal Pradesh, in northern India. It is 35 km from the town of Mandi, Kotli is a Sub District (tehsil) of Mandi District. Kotli and the surrounding area are also known as Tungal valley. The area is dominated with pine forests. The soil is sandy loam. Most of the villagers fall under well off class and low income group. Main sources of income are Govt. job, Pvt. Job, agriculture and other small works. The main cropping system is maize- wheat. The farmers grow only traditional crops viz., maize, wheat, paddy, barley, sarson etc. and non of them is engaged in cultivation of medicinal and aromatic plants. The area is almost rainfed. There is menace of animals, monkey, wild boar. The soil of the farmer field is fertile, sandy loam. Maximum and minimum temperature ranges between 4 to 42 °C during winter and summer, respectively. The village is on west facing side. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Kot VFDS

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|---------------|-------------------------|----------|
| 1. | <i>Albizia chinensis</i> (Osbeck) Merr. | Fabaceae | Sirish | |
| 2. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 3. | <i>Bauhinia vahlii</i> Wight & Arn. | Fabaceae | Tor | |
| 4. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 5. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra, Kashmal | |
| 6. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 7. | <i>Butea monosperma</i> (Lam.) Taub. | Fabaceae | Palash | |
| 8. | <i>Carissa spinarum</i> L. | Apocynaceae | garna | |
| 9. | <i>Cassia fistula</i> L. | Fabaceae | Amaltas | |
| 10. | <i>Cinnamomum tamala</i> (Buch.-Ham.) T.Nees & Eberm. | Lauraceae | Tejpatta | + |
| 11. | <i>Cordia myxa</i> L. | Boraginaceae | Lasuda | |
| 12. | <i>Datura stramonium</i> L. | Solanaceae | Dhatura | |
| 13. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 14. | <i>Ficus auriculata</i> Lour. | Moraceae | Fagoora | |
| 15. | <i>Ficus religiosa</i> L. | Moraceae | Pipal | |
| 16. | <i>Grewia optiva</i> J.R. Drumm. ex Burret | Malvaceae | Ghaman | |
| 17. | <i>Justicia adhatoda</i> L. | Acanthaceae | Bansuti | |
| 18. | <i>Mallotus philippensis</i> (Lam.) Mull. Arg. | Euphorbiaceae | Kaamal | |
| 19. | <i>Mangifera indica</i> L. | Anacardiaceae | Aam | |

| | | | | |
|-----|--|----------------|-----------------|---|
| 20. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 21. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 22. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 23. | <i>Plantago major</i> L. | Plantaginaceae | Jangali Isabgol | |
| 24. | <i>Prunus cerasoides</i> D.Don | Rosaceae | Padam | |
| 25. | <i>Rosa brunonii</i> Lindl. | Rosaceae | Jangali Gulab | + |
| 26. | <i>Tagetes minuta</i> L. | Asteraceae | Jangali Genda | + |
| 27. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 28. | <i>Thalictrum foliolosum</i> DC. | Ranunculaceae | Mamiri | |
| 29. | <i>Tinospora cordifolia</i> (Willd.) Miers | Menispermaceae | Giloya | |
| 30. | <i>Toona ciliata</i> M.Roem. | Meliaceae | Toon | |
| 31. | <i>Viola pilosa</i> Blume | Violaceae | Vanafasa | |
| 32. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 33. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| 34. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmir | + |
| 35. | <i>Ziziphus jujuba</i> Mill. | Rhamnaceae | Ber | |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|--|----------------|--------------|----------|
| 1. | <i>Cinnamomum tamala</i> (Buch.-Ham.) T. Nees & Eberm. | Lauraceae | Tejpatta | + |
| 2. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 3. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 4. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 5. | <i>Curcuma aromatica</i> | Zingiberaceae | Jangli haldi | + |

Medicinal and aromatic plant species suitable for cultivation in field conditions

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|----------------------------------|------------|---------------|----------|
| 1. | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2. | <i>Ocimum spp.</i> | Lamiaceae | Tulsi | + |
| 3. | <i>Rosmarinus officinalis</i> L. | Lamiaceae | Rosemary | + |
| 4. | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |

GLIMPSE OF FIELD AND FIELD ACTIVITIES



1. Interaction with forest officials



2. Interaction with JICA committee members and villagers



3. Proposed site for conservation of MAPs

20.Range: Kotli; VFDS: Lagdhar-1

| | | | |
|-------------------------|-----------------------------|-------------------|--------------|
| Cluster: | Mandi | Range: | Kotli |
| VFDS: | Lagdhar-1 | Panchayat: | Lagdhar |
| GPS coordinates: | 31°47'02.67"N,76°49'52.46"E | Altitude: | 1393 -1500 m |

Lagdhar village is located in Kotli Tehsil of Mandi district in Himachal Pradesh, India. It is situated 35 km away from district headquarter Kotli. Kotli is the sub-district headquarter of Lagdhar village. The total geographical area of village is 121.19 hectares. Lagdhar has a total population of 446 peoples. There are about 101 houses in Lagdhar village. Mandi is nearest town to Lagdhar. The main cropping system is maize- wheat. The farmers grow only traditional crops viz., maize, wheat, paddy, barley, sarson etc. and non of them is engaged in cultivation of medicinal and aromatic plants. The area is almost rainfed. There is menace of animals viz., monkey, wild boar. The village is on North facing side. The detail of medicinal and aromatic plants found in the village and the list of suitable plants/crops for cultivation in forest area and at farmers' field are given in the Tables below.

List of medicinal and aromatic plants found in Lagdhar village

| Sl. N. | Name of Species | Family | Common Name | Aromatic |
|--------|---|----------------|-------------------------|----------|
| 1. | <i>Achyranthes bidentata</i> Blume | Amaranthaceae | Amamarg | |
| 2. | <i>Albizia chinensis</i> (Osbeck) Merr. | Fabaceae | Sirish | |
| 3. | <i>Asparagus adscendens</i> Roxb. | Asparagaceae | Satavari | |
| 4. | <i>Bauhinia vahlii</i> Wight & Arn. | Fabaceae | Tor | |
| 5. | <i>Bauhinia variegata</i> L. | Fabaceae | Kachnar | |
| 6. | <i>Berberis lycium</i> Royle | Berberidaceae | Daruharidra, Kashmal | |
| 7. | <i>Bombax ceiba</i> L. | Malvaceae | Simbal | |
| 8. | <i>Carissa spinarum</i> L. | Apocynaceae | Garna | |
| 9. | <i>Cedrus deodara</i> (Roxb. ex D.Don) G.Don | Pinaceae | Devdaru | |
| 10. | <i>Cinnamomum tamala</i> (Buch.- Ham.) T.Nees & Eberm. | Lauraceae | Tejpatta | + |
| 11. | <i>Cissampelos pareira</i> L. | Menispermaceae | Bhanindu | |
| 12. | <i>Dioscorea bulbifera</i> L. | Dioscoreaceae | Tardi | |
| 13. | <i>Mallotus philippensis</i> (Lam.) Müll.Arg. | Euphorbiaceae | Kaamal | |
| 14. | <i>Murraya koenigii</i> (L.) Spreng | Rutaceae | Kari patta | + |
| 15. | <i>Phyllanthus emblica</i> L. | Phyllanthaceae | Amla | |
| 16. | <i>Pinus roxburghii</i> Sargent | Pinaceae | Pine | |
| 17. | <i>Pistacia integerrima</i> J. L. Stewart ex Brandis | Anacardiaceae | Kakra singhi | |
| 18. | <i>Prunus cerasoides</i> D. Don | Rosaceae | Padam | |
| 19. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 20. | <i>Rhododendron arboreum</i> Sm. | Ericaceae | Burans | |
| 21. | <i>Rubia cordifolia</i> L. | Rubiaceae | Manjistha | |
| 22. | <i>Rubus ellipticus</i> Sm. | Rosaceae | Aakhe | |
| 23. | <i>Solanum khasianum</i> C.B. Clarke | Solanaceae | Vrahat Kantkari | |

| | | | | |
|-----|---|--------------|----------|---|
| 24. | <i>Syzygium cumini</i> (L.) Skeels | Myrtaceae | Jamun | |
| 25. | <i>Terminalia bellirica</i> (Gaertn.) Roxb. | Combretaceae | Baheda | |
| 26. | <i>Terminalia chebula</i> Retz. | Combretaceae | Harad | |
| 27. | <i>Viola pilosa</i> Blume | Violaceae | Vanfasha | |
| 28. | <i>Vitex negundo</i> L. | Lamiaceae | Nirgundi | + |
| 29. | <i>Woodfordia fruticosa</i> L. Kurz | Lythraceae | Ghaatki | |
| 30. | <i>Zanthoxylum armatum</i> DC. | Rutaceae | Tirmir | + |

Medicinal and aromatic plant species suitable for cultivation in forest area

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|--|---------------|----------------|----------|
| 1. | <i>Valeriana jatamansi</i> Jones. | Valerianaceae | Mushkbala | + |
| 2. | <i>Curcuma aromatic</i> Salisb. | Zingiberaceae | Jangali Haldi | + |
| 3. | <i>Hedychium spicatum</i> Buch. Ham. ex Smith. | Zingiberaceae | Kapoor Kachari | + |
| 4. | <i>Punica granatum</i> L. | Lythraceae | Dadim | |
| 5. | <i>Cinnamomum tamala</i> (Buch.-Ham.) T. Nees & Eberm. | Lauraceae | Tejpatta | + |

Medicinal and aromatic plant species suitable for cultivation in farmers' field conditions

| Sl. N. | Proposed MAPs Species | Family | Common Name | Aromatic |
|--------|-----------------------------------|---------------|---------------|----------|
| 1. | <i>Tagetes minuta</i> L. | Asteraceae | Wild marigold | + |
| 2. | <i>Rosmarinus officinalis</i> | Lamiaceae | Rosemary | + |
| 3. | <i>Valeriana jatamansi</i> Jones. | Valerianaceae | Mushkbala | + |
| 4. | <i>Matricaria chamomilla</i> L. | Asteraceae | Chamomile | + |
| 5. | <i>Rosa damascena</i> Mill. | Rosaceae | Damask rose | + |
| 6. | <i>Pelargonium graveolens</i> L. | Geraniaceae | Rose geranium | + |

GLIMPSE OF FIELD AND FIELD ACTIVITIES



Interaction with forest officials, JICA committee members and villagers



Proposed site for conservation of MAPs

Objective: Identify the issues in conservation, regeneration, harvesting and management of Medicinal & Aromatic Plants in the cluster, and

Minimum Support Price (MSP) for Cultivated MAPs

Cultivation of medicinal plants has not taken off in the State, as the raw material sourced from the wild is available at cheaper rates even as it has deleterious effect on their wild populations. To make cultivation lucrative, it is necessary to support the cultivation effort - both technically and financially. There is a need to support cultivation of more and more species critical to the sector while ensuring quality. Minimum Support Price for the medicinal plants is important for preventing exploitation of farmers at the hands of traders and other middlemen. The Forest department should constitute a Committee on price fixing of cultivated produce. The minimum support price should be fixed at the State level after consultation with farmers group, scientists and other concerned organisations, institutions as well as industries. This will give a boost to cultivation in state. Farmers would know the price and can plan large scale cultivation in advance. In each cluster minimum of 5 ha area should be brought under particular crop. So that there is sufficient raw material for processing and value addition.

For development of sector it is necessary that:

- Farmers should be provided good quality planting material of high yielding varieties.
- Medicinal plants should be harvested at proper stage and their storage should be proper. Drying of the medicinal plants should be at proper temperature. Solar drier should be used to maintain the quality of produce.
- The quality of produce can be checked at recognized laboratory for getting remunerative price at national or international market.

Organic Cultivation and promotion of Mix-cropping of Medicinal Plants:

The herbal drug industry world over prefers herbal raw material produced through organic farming. The herbal raw material produced through organic farming fetches high value in the market. Organic farming should be promoted amongst the farmers of medicinal plants. Though most of the cluster are by default organic but procurement of organic certificate to the produce will add value to the produce.

Strengthening Infrastructure for processing

It is estimated that as high as 30% of the raw material reaching the manufacturers is of poor quality and is, therefore, rejected. Cultivation and collection of medicinal plants, therefore, needs to be supported with infrastructure for warehousing, drying, grading, storage and transportation. These facilities are essential for increasing the marketability of the medicinal plants, adding value to the produce increasing profitability and reducing losses. There is a need to support infrastructure for processing and post-harvest management in the identified clusters/zones in the Mandi district. A processing unit of 4-5 q capacity is to be installed at central location of the village which can cater to the need of 8-10 ha of area under particular aromatic crop.

Clusters for Cultivation and Financial Support for farmers

Clusters based on the agro-climatic conditions. One species for one cluster should be motto to get volume of raw material for trade as herbal industry needs bulk quantity. Cluster based farming will reduce the cost of cultivation and make it easy to manage the farm economically. All infrastructures can be made available for post-harvest management in these identified clusters. Wherever possible these vacant lands should be utilised properly and existing financial support can be availed from concern departments.

Farmers need financial support for cultivation of medicinal plants in initial stages to procure the seeds and for preparation of field as per protocol. MAPs cultivation is a comparatively new field so farmers need continuous support in terms of financial and technical. Apart from this, there is a need to provide the marketing support for cultivated produce.

Objective: Prepare a plan for conservation, resource development and sustainable management of Medicinal & Aromatic Plants in the cluster.

Measures are necessary to conserve medicinal plants that are growing in wide variety of habitats in the forests. Conservation of genetic diversity of any species is possible through maintaining its viable breeding population in the wild. A way to conserve species is to let it follow its natural evolutionary course and afford protection to it in the wild. Medicinal plants species exist mainly in forests and hence it is necessary to promote *in-situ* conservation. A network of natural sites or forests representing the diversity of forest type needs to be established for *in-situ* conservation of medicinal plants.

Package of practices of Recommended crops.

Wild marigold (*Tagetes minuta* L.)



| | |
|-----------------------------|---|
| Family | Asteraceae |
| Common name | Jangligaindha |
| Major components | (Z)- β -ocimene, dihydro-tagetone, (Z)- and (E)-tagetones |
| Altitudes | 1000 to 2500 m amsl |
| Suitable region | Sub tropical and temperate region |
| Uses | Essential oil is used in perfumery, flavour and for the synthesis of aroma chemicals. |
| Propagation | Seed sowing and transplanting |
| Plant spacing | 45 X 45 cm (transplanting) 60 cm (line sowing) |
| Seed rate | 3 kg/ha (seed sowing) 1 kg/ha (for raising nursery) |
| Plantation time | May-June |
| Manure | FYM 25 t/ha |
| Harvesting | October-November |
| Biomass yield (t/ha) | 12-15 |
| Average oil content (%) | 0.30 (\pm 0.05) |
| Essential oil yield (kg/ha) | 36-45 |

Damask rose (*Rosa damascena* Mill.)



| | |
|-----------------------------|--|
| Family | Rosaceae |
| Common name | Damask rose |
| Major components | Citronellol, geraniol, phenyl ethyl alcohol |
| Altitudes | 200 to 2500 m amsl |
| Suitable region | Tropical and temperate region |
| Uses | It is used in flavouring, perfumery, cosmetic, aromatic and pharmaceutical industries. |
| Propagation | Rooted plants/ cuttings |
| Plant spacing | 1.5 m X 1.0 m |
| Plant population | 7,000 rooted plants/ha |
| Plantation time | July –August and December-January |
| Manure | FYM 30 t/ha |
| Harvesting | April-May (third year onwards) |
| Flower yield (t/ha) | 2.5-3.0 |
| Average oil content (%) | 0.025- 0.030 |
| Essential oil yield (kg/ha) | 0.625-0.750 |

Muskbala (*Valeriana jatamansi*)



| | |
|------------------------------------|--|
| Family | Valerianaceae |
| Common name | Muskbala |
| Major components | Patchouli alcohol |
| Altitudes | 1200 m to 3500 m amsl |
| Suitable region | Sub tropical and temperate region |
| Uses | It is used as sedative and tranquilizers in ayurvedic system of medicines. |
| Propagation | Seed sowing or using portions of the root-stock |
| Plant spacing | 40 X 30 cm |
| Plant population | 85,000 plants/ha |
| Plantation time | Seed sowing: March-April Transplanting: July-September |
| Manure | FYM 45 t/ha |
| Harvesting | November –December (After second year) |
| Root yield (t/ha) | 1.0 |
| Average oil content (%) | 0.4 - 0.5 |
| Essential oil yield (kg/ha) | 15 |

Rosemary (*Rosmarinus officinalis*)



| | |
|-----------------------------|--|
| Family | Lamiaceae |
| Common name | Rosemary |
| Major components | α -pinene, β -pinene, camphene |
| Altitudes | 1200 to 2500 m amsl |
| Suitable region | Sub tropical and temperate region |
| Uses | It is used in aroma, food, beverage and cosmetic industries. |
| Propagation | Stem cuttings and seeds |
| Plant spacing | 60 X 60 cm |
| Plant population | 28,000 rooted plants/ha |
| Plantation time | September-October |
| Manure | FYM 25 t/ha |
| Harvesting | July-August (second year onwards 2-3 cuts) |
| Biomass yield (t/ha) | 10 -12 |
| Average oil content (%) | 0.8-1.0 |
| Essential oil yield (kg/ha) | 80-120 |

Lemongrass (*Cymbopogon flexuosus*)



| | |
|------------------------------------|--|
| Family | Poaceae |
| Common name | Lemon grass |
| Major component | Citral |
| Altitudes | 500 to 900 m amsl |
| Suitable region | Tropical and subtropical region |
| Uses | Used in perfumery, flavor and fragrance industry. |
| Propagation | Rooted slips |
| Plant spacing | 50 X 50 cm |
| Plant population | 40,000 slips/ha |
| Plantation time | February-March (Irrigated) June-July (Un-irrigated) |
| Manure | FYM 15-20 t/ha |
| Harvesting | 3-4 times in year |
| Fresh biomass yield (t/ha) | 20- 25 (From 3-4 harvests/year) |
| Average oil content (%) | 0.5 |
| Essential oil yield (kg/ha) | 100-125 |

Rose geranium (*Pelargonium graveolens*)



| | |
|-----------------------------|---|
| Family | Geraniaceae |
| Common name | Rose geranium |
| Major components | Citronellol, geraniol, linalool |
| Altitudes | 500 to 2400 m amsl |
| Suitable region | Sub tropical and temperate region |
| Uses | Essential oil is used in aroma and pharmaceutical industry. |
| Propagation | Stem cuttings |
| Plant spacing | 45 X 45 cm |
| Plant population | 50,000 plants/ha |
| Plantation time | February to March |
| Manure | FYM 25-30 t/ha |
| Harvesting | May-June (2-3 cuts/year) |
| Biomass yield (t/ha) | 20-25 |
| Average oil content (%) | 0.15 - 0.20 |
| Essential oil yield (kg/ha) | 25-30 |

Lavandin (*Lavandula hybrida*)



| | |
|-----------------------------|---|
| Family | Lamiaceae |
| Common name | Lavandin |
| Major components | Linalool and linalyl acetate |
| Altitudes | 1200 to 2000 m amsl |
| Suitable region | Sub tropical and sub temperate region |
| Uses | It is used in pharmaceutical and fragrance industry. |
| Propagation | Stem cuttings |
| Plant spacing | 75 X 60 cm (low to medium fertile soils) 90 X 60cm (high fertile soils) |
| Plant population | 22,200 rooted plants/ha (low to medium fertile soils) 18,519 rooted plants/ha (high fertile soils) |
| Plantation time | October to January (low to mid hills) March to April (high hills) |
| Manure | FYM 25 t/ha |
| Harvesting | May –August (second year onwards) |
| Flower yield (t/ha) | 8-12 |
| Average oil content (%) | 1.0 |
| Essential oil yield (kg/ha) | 80-120 |

Chamomile (*Matricaria chamomilla*)



| | |
|-----------------------------|---|
| Family | Asteraceae |
| Common name | Chamomile |
| Major components | Bisabolol oxides, α -bisabolol, chamazulene |
| Altitudes | Upto 1500 m amsl |
| Suitable region | Tropical, subtropical and sub temperate region |
| Uses | Used in perfumery, pharmaceutical and aromatherapy industries. |
| Propagation | Seed sowing and transplanting |
| Plant spacing | 40 cm (direct seed sowing) 45 X 30 cm (transplanting) |
| Seed rate | 1 kg /ha (direct seed sowing) 500-700 g/ha (nursery raising) |
| Plantation time | September-October (seed sowing) November (transplanting) |
| Manure | FYM 25 t/ha or Vermicompost 5 t/ha |
| Harvesting | April-May |
| Fresh flower yield (t/ha) | 5 -7 |
| Dry flower yield (t/ha) | 1.0 -1.5 |
| Average oil content (%) | 0.8- 1.0 |
| Essential oil yield (kg/ha) | 7-8 |

Palmarosa (*Cymbopogon martinii*)



| | |
|-----------------------------|---|
| Family | Poaceae |
| Common name | Rosa grass, Palmarosa |
| Major components | Geraniol, geranyl acetate |
| Altitudes | 300 to 1500 m amsl |
| Suitable region | Tropical and subtropical region |
| Uses | Essential oil is used in perfumery, flavour and fragrance industry. |
| Propagation | Rooted slips |
| Plant spacing | 50 X 50 cm |
| Plant population | 40,000 slips/ha |
| Plantation time | July |
| Manure | FYM 25 t/ha |
| Harvesting | February-March September-October |
| Fresh herb yield (t/ha) | 50-60 |
| Average oil content (%) | 0.25 |
| Essential oil yield (kg/ha) | 120-130 (Irrigated conditions) 75-80 (Rainfed conditions) |

Sweet basil (*Ocimum basilicum* L.)



| | |
|-----------------------------|--|
| Family | Lamiaceae |
| Common name | Sweet basil |
| Major components | Methyl chavicol, linalool, citral |
| Altitudes | 100 to 1600 m amsl |
| Suitable region | Tropical and sub tropical region |
| Uses | Essential oil is used in pharmaceutical, perfumery and aroma industries. |
| Propagation | Seed sowing and transplanting |
| Plant spacing | 45 X 45 cm (low to medium fertile soils) 60 X 45 cm (high fertile soils) |
| Seed rate/plant population | 1 kg/ha (seed sowing) 200-300 g/ha (for nursery raising) 27000 plants/ha |
| Manure | FYM 25-30 t/ha Or Vermicompost 5 t/ha |
| Plantation time | June- July |
| Harvesting | 3 months after planting at full bloom stage |
| Fresh herb yield (t/ha) | 15-20 |
| Average oil content (%) | 0.5-0.6 |
| Essential oil yield (kg/ha) | 75-100 |

Jangli haldi (*Curcuma aromatica* Salisb.)



| | |
|-----------------------------|---|
| Family | Zingiberaceae |
| Common name | Jangli haldi |
| Major component | 1,8 cineole, iso bournyl |
| Altitudes | 1000 to 2500 m amsl |
| Suitable region | Sub tropical and temperate region. Suitable for intercropping in between forest plants |
| Uses | Used in food, cosmetic and pharmaceutical industry. |
| Propagation | Rhizomes |
| Plant spacing | 50 X 50 cm |
| Seed rate | 15 q rhizomes/ha |
| Plantation time | December- January |
| Manure | FYM 30-35 t/ha |
| Harvesting | After two years |
| Fresh rhizome yield (t/ha) | 60 |
| Average oil content (%) | 2.4 |
| Essential oil yield (kg/ha) | 150-200 |

Kapoorkachri (*Hedychium spicatum* Buch. Ham. ex Smith.)



| | |
|-----------------------------|---|
| Family | Zingiberaceae |
| Common name | Spiked ginger lily, Kapoorkachri |
| Major component | β -pinene, 1,8-cineole, β -eudesmol |
| Altitudes | 1000 to 2800 m amsl |
| Suitable region | Subtropical and temperate region. Suitable for intercropping in between forest plants |
| Uses | Used in medicines, food, cosmetics and perfumery industries. |
| Propagation | Rhizomes |
| Plant spacing | 100 cm X 25 cm |
| Seed rate | 12-13 q rhizomes/ha |
| Plantation time | December- January |
| Manure | FYM 30-35 t/ha |
| Harvesting | After two years |
| Fresh rhizome yield (t/ha) | 12 |
| Average oil content (%) | 0.50 |
| Essential oil yield (kg/ha) | 60 |

Ashwagandha(*Withania somnifera*)



| | |
|-----------------|--|
| Family | Solanaceae |
| Common name | Ashwagandha |
| Altitudes | 600-1200 m amsl |
| Suitable region | Tropical and Subtropical region. |
| Uses | Rejuvenating agent, anti inflammatory, immunomodulatory, anti stress properties. |
| Propagation | Seeds |
| Plant spacing | 60 x 60 cm |
| Seed rate | 2 kg seed/ha |
| Plantation time | June-July |
| Manure | FYM 25-30 t/ha |
| Harvesting | March- April |
| Yield | |
| Dry root(t/ha) | 0.5 t roots and 50-75 kg seeds |